I understand Kanye is subject to criticism because he is a public figure and his actions at times can cause strong opinions and emotions. He is a brilliant but complicated person who on top of the pressures of being an artist and a black man, who experienced the painful loss of his mother, and has to deal with the pressure and isolation that is heightened by his bipolar disorder. Those who are close with Kanye know his heart and understand his words some times do not align with his intentions.

Living with bi-polar disorder does not diminish or invalidate his dreams and his creative ideas, no matter how big or unobtainable they may feel to some. That is part of his genius and as we have all witnessed, many of his big dreams have come true.

As many of you know, Kanye has bi-polar disorder. Anyone who has this or has a loved one in their life who does, knows how incredibly complicated and painful it is to understand. I've never spoken publicly about how this has affected us at home because I am very protective of our children and Kanye's right to privacy when it comes to his health. But today, I feel like I should comment on it because of the stigma and misconceptions about mental health.

Those that understand
mental illness or even
compulsive behavior know
that the family is
powerless unless the member
is a minor. People who are
unaware or far removed from
this experience can be
judgmental and not
understand that the
individual themselves have
to engage in the process of
getting help no matter how
hard family and friends
try.

We as a society talk about giving grace to the issue of mental health as a whole, however we should also give it to the individuals who are living with it in times when they need it the most. I kindly ask that the media and public give us the compassion and empathy that is needed so that we can get through this. Thank you for those who have expressed concern for Kanye's well being and for your understanding.

With Love and Gratitude,

Kim Kardashian West