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From: **Brian Johnson (Liver King)** <liverking@[REDACTED].com>

Date: Tue, Jun 29, 2021 at 9:05 AM

Subject: Re: Confidentiality...
[REDACTED]

Sooo stoked. Thank you!

What's a good day & time for you to have our consultation?

I live in the Republic of Texas (Houston) so I am CST/CDT (I believe that's 12 hours behind you). This is an absolute priority for me so I will cancel almost anything planned to make this happen with you. My preferred times are 7AM, 8AM or 9AM on Wednesday CST but could easily do 6PM or 7PM almost any evening. In your time, I believe that's 7PM, 8PM or 9PM on Thursday or 6AM or 7AM almost any morning of the week. Please check my math on that. Since that's outside of your regular hours, I'm happy to compensate for the trouble.

So let's dig right in...

As it relates to my goals, I'm the face of several brands, including Ancestral Supplements, and I've just hired a team to build the Liver King brand with the goal of 1MM followers by March 2022 -- I'm pouring ridiculous resources into making this happen including hosting a video guy, that will be living at my guest house, and a film crew that will be filming 7 days a month... stated, I have to stay in great f[REDACTED]g shape year-round (maybe take 1-2 months off / year). Here's a clip of where I'm at currently: <https://www.instagram.com/p/COoARfDBxb5/>

I've been working out for 35 years. I know how to eat, train, rest and recover (I even have a hardshell hyperbaric chamber at my house)... but... as I've reached my mid-forties, it's getting harder and the back fat f[REDACTED]g kills me. To support these exhaustive efforts, I've recently started taking Omnitrope... the 5.8MG vials from Empower Pharmacy (\$11K USD per month for my new dose which is 4 vials / week -- 16 vials / month). I don't know if this s[REDACTED]t is grossly underdosed or what but I have been taking 2 vials per week and my IGF-1 is only at 139 (see recent labs below). My doctor told me that I could double it in an effort to get to the upper 200s/ low 300s. She thinks I could be a hyper non-responder??? I'm wondering if taking a f[REDACTED]kload of other peptides could be confounding the results and possibly interfering with efficacy. For instance, here's what I'm currently taking...