





So I got really sick last night ... 104° fever
 maybe higher, not sure because I
stopped checking !!!!! I'm never sick so if I do
get sick I'm a drama queen   !!!!! I
needed Aleve for the pain in my head ... I
had nothing ... I called my security "can you
please go get me something to relieve the
pain in my head, my fever is pretty high.."
Immediately "Sorry, no. I can't leave the
premises. I have to stay on property." So I
said "Of course, unless there's an
emergency and I have a 104° fever ..." I told
him the other security leave sometimes in
emergencies ... it wasn't what he said to me,
IT WAS THE SARCASM in his voice when he
told me he couldn't go get it for me... oh well
... looked at my phone and I see that my
sister did her interview to promote her book
... I watched it with a 104° fever  lol and it
was actually kind of nice having a fever so
high cause I had to surrender to not caring. I

just couldn't give a f██k but my head hurt so bad ... Of course I'm a drama queen if I get sick so I think I was dying !!! I'm not even joking ... My body had chill bumps everywhere, like I was freezing 🥶 yet my body was extremely hot 🔥 and I couldn't move it was pretty intense. I'm fine today, just sore and the fever has made my head extremely sensitive !!!!! I also couldn't even touch my own body ... my skin was too sensitive. Ok, enough about my sick experience ... Anyways, the 2 things that did bother me that my sister said was how my behavior was out of control. She was never around me much 15 years ago at that time so why are they even talking about that unless she wants to sell a book at my expense 🤔📚 ??? REALLY ??? Then where

the lady mentioned why did she accuse you of doing remixes to her songs ... I know it may sound like a silly thing to most people but I wrote a lot of my songs and my sister was the baby. She never had to work for anything. Everything was always given to her !!!! If you were me, you might understand asking for 13 years for remixes to go into a small venue show and on tours !!!! 13 years later they assign me as the MOTHER OF ALL ... heart of gold ... Britney sitting there seeing a 15 minute performance of everything I have ever wanted.... But see, I always was the bigger person. They all got to DO IT and PLAY ME and I always sat there and took it. But see, now it's a joke ... the last thing I would ever do is ask for what was just given to her !!! So yes, they did ruin my dreams. I do remember

asking my sister why she did that when she knew I was waiting to change my show and her only words were "Well, it wasn't my idea"... Hope your book does well, Jamie Lynn !!!! I won't be doing Instagram for a while. The media, this business has always been extremely hateful to me. I've given enough ... MORE than enough. I was never given back ever what I want ... They say in the the Bible "ask and you shall receive" uhhhhh not in my life ... just like my family, I asked security for Aleve as I laid there with 104 degree fever in bed and he told me NO !!!! My family ruined my dreams 100 billion percent and try to make me look like the crazy one while I have a 104° fever, not being able to move in my bed !!!! My family loves to pull me down and hurt me always so I am disgusted with them !!!! Well it's 101°

now and I feel like my head is two basketballs 🏀🏀 because it's sore from the fever last night and I honestly don't like feel like crying anymore because crying makes it worse actually. It's like I'm on the edge of reason ... I want to sleep yet my mind keeps wondering 😴 then it doesn't care again. I close my eyes for 20 minutes and then that's on repeat. My throat is sore and the last thing I will ever ask to see in my life is a doctor I mean would you if you were me ????? JUST SAYING 🙋🏻🙄🙄 !!!!
Psss lesson learned from all this don't trust people or anyone ... make your cats and dogs your family and take care of your own damn self !!!!